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quezon city  
health department

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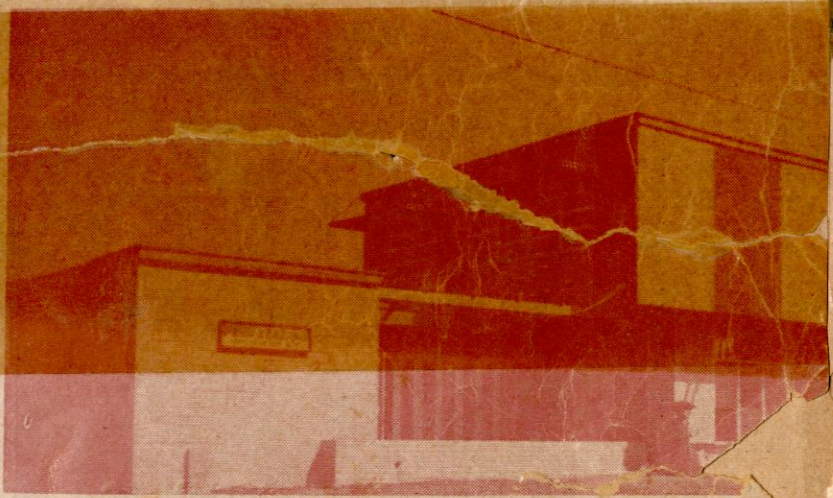
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10th  
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1958



# Anniversary Souvenir Program



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**FOREWORD:**

IF WE go back to the early beginnings of the Health Department of Quezon City, we would not think, perhaps, that this small, ill-equipped, undermanned unit of the city government could have been the same department that the city knows today. For this department was not blessed with a singularly bright start. It was, on the other hand, a start that made many observers shake their heads in utter pessimism.

But in spite of the many obstacles to its growth, the department, thanks to the untiring efforts of the man behind it, has successfully passed the test. Several improvements were eventually introduced. To cope with the growing health problem arising from the tremendous influx of the city population, more men and women were added into the staff of the City Health Officer, more health centers were constructed, each staffed by competent physicians and nurses. Efforts were likewise exerted to bring the health service to the people instead of the people going to the health office for medical attention and care.

Here is a summary of the present activities of the department:

The city administration, for the past few years, has been concentrating part of its efforts in the building of health centers, replacing the old, dilapidated and inadequate rented buildings with permanent and spacious ones. This positive attitude was necessary due to the increased demand of public health services.

Rural health improvement has always been given priority by the Health Department. As the city has been the dumping ground of squatters ejected from Manila, the department is always on the alert to provide the necessary and available health service even in the remote areas of the city.

The over-all health status of the city is satisfactory. The occurrence of other communicable diseases such as gastro-enteritis, typhoid fever, H-fever and others, were as in previous years in their endemic or minimum incidence.

To promote efficiency among the personnel, at least one physician is being sent every year to undergo training in the Institute of Hygiene, University of the Philippines. Seminars on health problems were held and monthly staff meetings were called to thresh out problems arising from the daily health activities. The maternal and child health division functions through its 24 health centers located in various parts of the city.

Also to be mentioned is the domiciliary obstetrical service which was organized recently. It operates in the second floor of the San Francisco Health Center. This service operates on a 24-hour basis and covers the entire city. It is manned by the nurses solves the problem of garbage disposal.

The urban area of the city is being served with refuse collection service rendered by the division of public services under this Department. Because this branch of the service has its own problems, a pilot study was made the Kamuning Market to help solve the problem of garbage disposal.

It is safe to say that, while the Department has not yet achieved A-1 perfection along the line of public health service, it has already approximated it. And it is to be expected that with the able management of Dr. Monsod and the cooperation of the administration of Mayor Norberto S. Amoranto, it may yet attain its highest goal.

—The Editor

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*Message*



I am happy to extend my cordial felicitations to the Quezon City Health Department on its tenth anniversary. This souvenir program which has been published to commemorate the event may well acquaint local residents with what their health agency has so far accomplished.

For its earnest endeavors to promote a high standard of health in this metropolitan center, I am taking this opportunity to congratulate the Quezon City Health Department and wish it continued success in carrying on its mission.

(Sgd.) CARLOS P. GARCIA  
*President of the Philippines*

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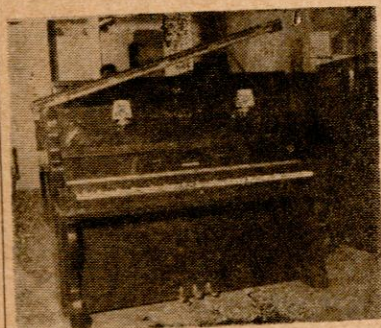
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on its 10th Anniversary*

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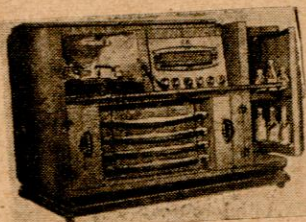
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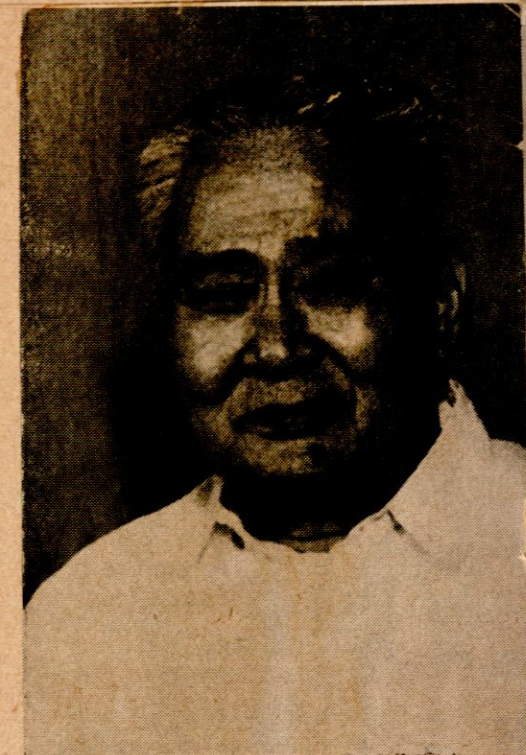
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*Message*



To the officials and employees who work in the Quezon City Health Department, I extend cordial greetings and felicitations as they celebrate the Tenth Anniversary of the organization of their office. It is fitting and proper that they mark this event, and I urge them to make it an occasion for a solemn rededication to their duties and tasks. They serve the community which is intended to be the capital of our country, and it is imperative that this community be made an example in cleanliness, in health and in sanitation. It may be said that as the capital goes, so goes the rest of the country. Let Quezon City, therefore, lead, and to this end, I urge the officials and employees of Quezon City to devote their efforts.

(SGD.) E. RODRIGUEZ, Sr.  
President of the  
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## Message



I am happy to express my warm felicitations to the Quezon City Health Department on the occasion of its 10th anniversary celebration. My hope is that it will continue its laudable endeavors to promote the well-being of the people of Quezon City and thereby contribute its share in the enhancement of one of the vital aspects of the general welfare.

I take this opportunity also of expressing my sincere greetings and best wishes to the people of Quezon City.

(SGD.) DANIEL Z. ROMUALDEZ  
Speaker, House of  
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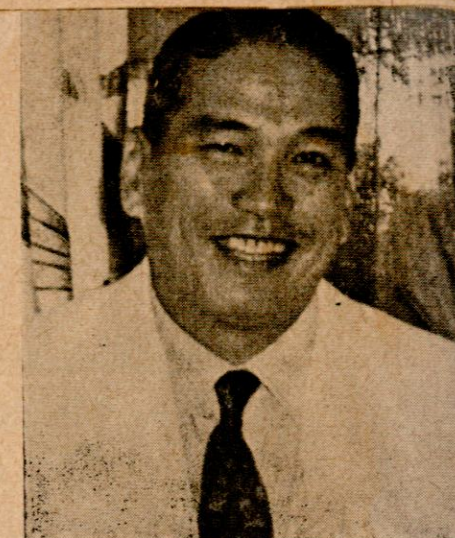
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*Message*



On this 10th anniversary of the Quezon City Health Department, I am availing myself of the opportunity to extend my greetings to this health organization for having successfully passed its first decade of existence, a period characterized by momentous transitional changes that inevitably occur in connection with the suburbanization of any large area adjacent to a large city like Manila. A practically virgin soil to prove the worth of public health services and facilities, Quezon City has passed from a rural community that it was in the beginning to a period where it now has become involved in problems incidental to the control of physical environment brought about first, by the hegira of population from the city to the suburbs and secondly, by the establishment of expanding industries springing up as a consequence of the economic development of the nation. In all these physical changes, the Q C H D has successfully met all sets of problems that faced it, beginning from control of communicable diseases and environmental hazards down to the newer trends that comprise the gamut of health of the entire community, such as the control of chronic disease, accident prevention, housing, mental hygiene, etc. I am congratulating the City Health Officer and the Staff of the Q C H D for having kept pace with the pressure of these developments; how effective and efficient their services have been are reflected today in the excellent health situation being obtained in Quezon City presently.

(SGD.) **PAULINO J. GARCIA, M.D.**  
Secretary of Health

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*Message*



I wish to extend my sincere congratulations to the QUEZON CITY HEALTH DEPARTMENT on the occasion of its Tenth Year of exemplary and dedicated service to the promotion and protection of the health and well-being of the residents of Quezon City.

Statistics show that the state of health of its inhabitants is one which, measured by all standards in public health service, is above par. The successful implementation of the health activities in this city should be credited to the devoted services of the health personnel of the Quezon City Health Department who are entrusted with the delicate task of safe-guarding the city's health, to the leading government officials of Quezon City who have always been interested and very cooperative in fostering the administration's health program, and to the civic-mindedness of the residents who are conscious in promoting the health interests of their community.

It is hoped that the Quezon City Health Department will continue with its meritorious accomplishments in the field of public health and will always stand ready and prepared to meet the health needs of its ever-increasing population.

(Sgd.) J. A. NOLASCO  
*Acting Director of Health*

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## the different divisions

## and their functions

### Administrative Division:

1. Formulate policies and administer affairs of the department.
2. Registration of births, deaths, marriages and issuance of certificates.
3. Records and vital statistics.
4. Physical examination of officials and employees.
5. Medical diagnosis and treatment of government officials and employees.
6. Dental service.
7. School Medical Supervision.
8. Preparation of Budget and Plantilla.
9. Training.

### Sanitation Division:

1. Supervision and control of environmental sanitation.
2. Sanitary supervision and inspection of public and private buildings, establishments, markets, slaughter-houses, factories, food and non-food establishments, restaurants, etc.
3. Maintenance and operation of public water supplies and middensheds.
4. Operation of cemeteries.
5. Control of communicable diseases.
6. Performs sanitary and preventive measures.
7. Enforcement of sanitary ordinances, rules and regulations.
8. Abatement of nuisances.
9. Meat, Meat-food and food inspection.
10. Pre-and in-service training of sanitary inspectors.

### Maternal and Child Health Division:

1. Formulate and plan the programs for the maternal and child health services.
2. Makes policies and techniques for the use of the health center personnel, health education program, social work, etc.
3. Supervise the Health Centers.
4. Cooperate with the Division of Sanitation in the follow up of communicable diseases, immunization.
5. Supervision of School Health.
6. Work with Ladies Association.

### The Health Centers:

- Curative: General clinic for diagnosis and treatment of all medical and dental cases.
- Preventive: (Specialized Clinic)
- Pre-Natal
  - Well Baby Conferences—Immunization
  - Post-Natal
  - Dental Clinic

Field Services: Domiciliary Obstetrical Service,  
Health Education—Mother's Classes, Teen-agers' Classe, etc.  
Post Natal Care  
Public Health Nursing—Home visits.  
Immunization—Follow up  
Dental Clinic

Training:—Pre-service and In-Service Training Health Education and Health Information Nutrition

### Duties of Chief Administrative Division:

1. To supervise personnel of the administrative division.
  - a. Checking of needs of other divisions with regards to forms, supplies, etc.
  - b. To check the correspondences originating from this department all endorsement pertaining to general administration.
  - c. Check property, its use, distribution and repair.
  - d. Regulate use of government articles and to see that their use is in order.
2. To inspect field health establishments with regards to enforcement of general regulations on medical and pharmaceutical professions; health centers with regards to preparation of records, statistics filing and general administrative records, leave of absences, payrolls, etc.
3. To perform other duties or investigations survey, study as the City Health Officer may direct.
4. To promote better public relations and better personnel relations by proper actuations and participation in appropriate activities of official or social nature.
5. To make budgetary proposals and to look into the running appropriations and expenses of the different divisions and to smooth functioning of the financial aspects of different divisions and services.
6. To form programs of activities and to effect coordination and cooperation between services.

### Duties of the Chief, Maternal and Child Health Division

1. To frame and develop flexible Maternal and Child Health Program, either long or short range in nature.
2. To make a technical supervision of the Maternal and Child Health personnel in the field to effect better coordination and efficiency.
3. To find ways and means for staff growth and development
  - a. Pre-service and in-service training.

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- a. Keeping them abreast with the program of progress in public health especially in line with Maternal and Child Health.
- c. Encouraging the staff to go for post-graduate work.
- d. Seminar, Workshops, etc.
- 4. To enforce service regulations on personnel of the Maternal and Child Health Division.
- 5. To make research or studies on current problems of Maternal and Child Health.
- 6. To coordinate the activities between the Maternal and Child Health personnel and personnel of other divisions; other public health agencies and the RDC & TC; Social Welfare Administration, Red Cross; the City Schools for health supervision and other civic organizations.

- 7. To participate in public health program to further public relations and inter-personnel relations.
- 8. To amplify and stimulate participation of civic organizations in public health activities in Maternal and Child Health.
- 9. To receive and study reports of health center personnel.

### Duties of Chief Sanitation Division

- 1. To supervise personnel of the Division of Sanitation including programming of activities, recommendations on bolstering of services.
- 2. To make regular inspection of the field activities of personnel and to report his findings on markets, factories and other public places for enforcement of standing sanitary ordinances, rules and regulations.
- 3. To make a study of the Epidemiology of current prevalent diseases and to apply control measures.
- 4. To set as technical consultant to the center physician on sanitation works.
- 5. To make recommendations or propose ordinances on sanitary and health aspects of the public health program.
- 6. He is directed to comply with standing order and regulations of the Secretary and Director of Health as well as to the City Health Officer and to perform other duties or work as may be directed.

### Duties of the General Foreman

- 1. To supervise personnel of the Division of Public Service.
  - a. Check assignments of the drivers of garbagemen and follow-up of their activities.
  - b. Check routine inspections of garbage trucks and other government vehicles under the Division of Public Service.
  - c. Make necessary changes in driver-garbagemen team and their assignment to effect a more efficient garbage collection and disposal with the approval of the City Health Officer.
- 2. To inspect dumping grounds and make or suggest necessary measures to minimize insanitary conditions in the premises of dumping grounds.
- 3. Be responsible for the safekeeping of all government vehicles under the Division of Public Service, and the detachable saper parts of standstill vehicles.
- 4. To enforce city ordinances and regulations pertaining to garbage collection and

disposal.

5. To cooperate and coordinate Division of Public Service with activities of other government entities in order to effect a more efficient garbage collection and disposal.

### Duties of the Nurse Supervisor

- 1. To plan and develop the nursing and midwifery program in relation to the total program of the Health Department.
- 2. To supervise the staff nurses and midwives.
  - a. Policies and techniques

- b. Service regulations.
- c. Growth and development of work.
- d. Follow-up of public health nursing service.
- 3. To coordinate the nursing and midwifery services with other agencies as the other divisions of the department; Schools; Social Welfare Administration and other health services and civic organizations in the City in relation to education, social and other health fields.
- 4. To study and evaluate the total nursing and midwifery program in Quezon City.

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Under 2 yrs. ....	15	28.92
1948—Over 2 yrs. ....	20	37.47
Under 2 yrs. ....	39	73.07
1949—Over 2 yrs. ....	13	23.69
Under 2 yrs. ....	12	40.08
1950—Over 2 yrs. ....	13	11.46
Under 2 yrs. ....	106	993.49
1951—Over 2 yrs. ....	38	31.54
Under 2 yrs. ....	64	53.12
1952—Over 2 yrs. ....	32	40.80
Under 2 yrs. ....	54	43.15
1953—Over 2 yrs. ....	171	127.11
Under 2 yrs. ....	63	46.83
1954—Over 2 yrs. ....	57	40.25
Under 2 yrs. ....	149	105.22
1955—Over 2 yrs. ....	87	58.51
Under 2 yrs. ....	29	19.10
1956—Over 2 yrs. ....	102	65.41
Under 2 yrs. ....	32	20.56
1957—Over 2 yrs. ....	47	28.86
Under 2 yrs. ....	135	82.89

### SUMMARY OF SEMINARS

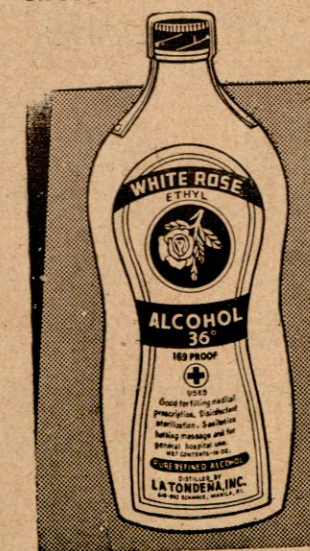
- 1949 —Immunization—  
Types of Immunization  
Phases of Immunization  
Reactions  
Duration
- 1950 —School Health Work Shop  
Points taken up:  
(a) School medical services  
(b) School canteen and nutrition  
(c) Environmental sanitation in schools  
(d) Health Education  
(e) Common causes of absention  
(f) Communicable diseases prevention  
and control among school chil-  
dren.
- 1950-1953—Health Survey
- 1954 —Conference of Private School physicians and  
H. D. Staff to coordinate school health pro-  
gram.
- 1955 —Operational Health Problem. All phases of  
Problems confronting the operation o  
Health Department.
- 1955 —Handicap Survey
- 1954-1956—Quezon City Health Council
- 1956 —Slums—Clearing Committee
- 1957 —Seminar on Obstetrics in Public Health
- 1957 —Epidemiology and Statistics
- 1957 —Influenza Survey
- 1958 —Seminar on Premature Care
- 1958 —Seminar on Skin diseases
- 1958 —Seminar on Emergencies in Pediatrics



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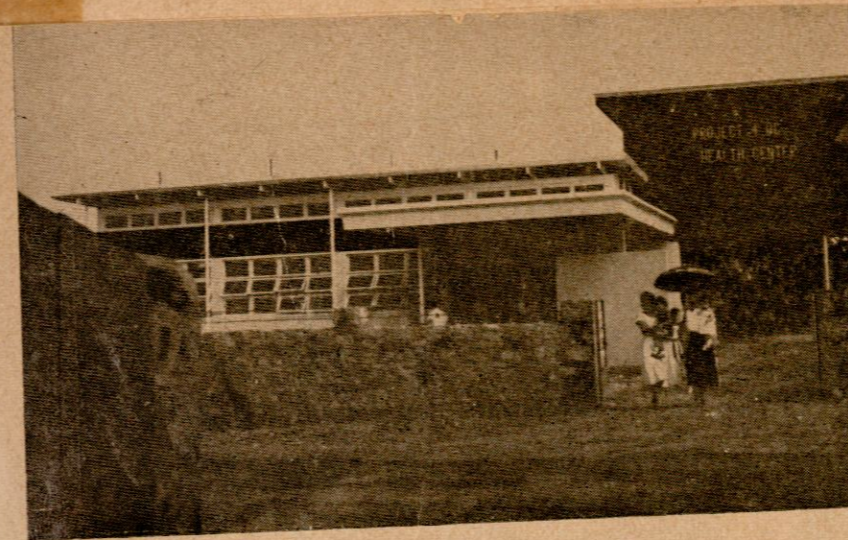
# MYRURGIA PERFUMES

(Barcelona, Spain)



Maja, Hindustan, Maderas de Oriente, Embrujo de Sevilla  
Promesa, Suspiro de Granada, Aqua de Lavanda

- JOYA -



ONE of the several concrete health centers in Quezon City is this center in Project 4. A couple of mothers with their children who have just availed of the expert services of its medical personnel may be seen coming out of the center.

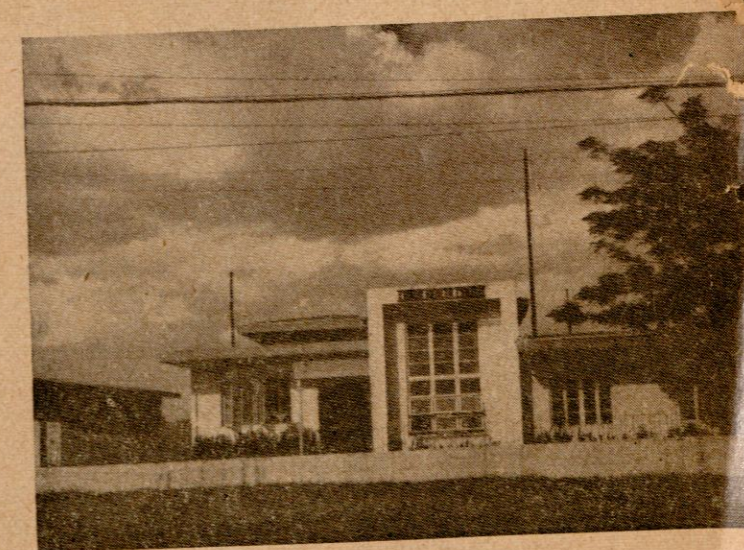
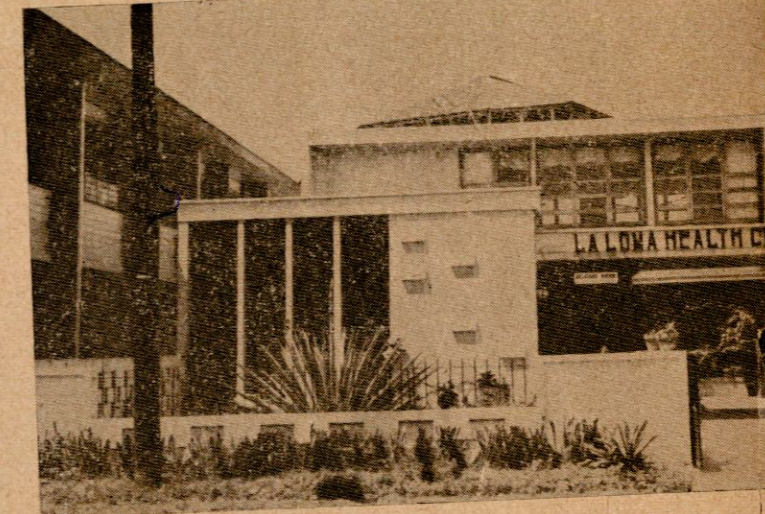
ANOTHER modern center offering free medical services to the Quezon City public is the La Loma Health Center above, which, like the other clinics of its kind in the city, boasts of its latest health facilities.

✓  
**quezon**

**city**

**health**

**centers**



CUBAO is another Quezon City district with a government agency safeguarding the health of its residents. Like the rest, the center is staffed by competent health personnel and is giving free treatment and, if necessary, free medicine to the patients.



THE big populace of Sta. Mesa Heights have their health needs ministered by a well-equipped center. The many health clinics in Quezon City, each incurring expenses of P20,000, have been erected to cope with the increasing health needs of the metropolis.

### STATISTICAL PROGRESS OF QUEZON CITY

	1947-1948	1948-1949	1949-1950	1950-1951	1951-1952
Estimated population	51,800.00	54,900.00	113,300.00	120,400.00	127,447.00
Death Rate	5.38	13.12	7.16	7.98	7.10
Infant Mortality Rate	147.59	128.09	130.53	91.85	87.05
Birth Rate	9.78	38.50	19.91	31.80	25.87
Marriage Rate	4.96	12.57	9.44	10.85	24.67
Total Budget	P 30,180.00	P163,785.00	P199,570.00	P193,760.00	P229,499.00
Per capita health expense	0.58	2.98	1.63	1.61	2.36

	1952-1953	1953-1954	1954-1955	1955-1956	1956-1957
Estimated population	134,527	141,607	148,687	155,767	162,847
Death Rate	9.34	9.49	8.05	7.83	9.28
Infant Mortality Rate	90.41	75.59	61.75	54.83	69.98
Birth Rate	41.07	46.14	47.48	50.00	48.25
Marriage Rate	23.17	25.46	27.14	31.75	32.28
Total Budget	P325,810.00	P342,878.00	P140,590.00	P625,400.00	644,360
Per capita health expense	2.42	2.49	0.91	4.01	3.95

YEARS	TOTAL DEATHS	DEATH RATE	TOTAL INFANT DEATH	I. M. RATE	TOTAL W/OUT MEDICAL ATTENDANCE	RATE W/OUT MEDICAL ATTENDANCE
1950	813	7.16	299	130.53	287	35.30
1951	962	7.98	352	91.85	362	37.62
1952	906	7.10	287	87.05	407	44.92
1953	1383	9.43	467	90.41	464	33.5
1954	1344	9.49	494	75.59	407	30.28
1955	1256	8.05	493	61.75	358	28.50
1956	1230	7.83	427	54.82	476	38.69
1957	1512	9.28	542	69.29	890	58.86

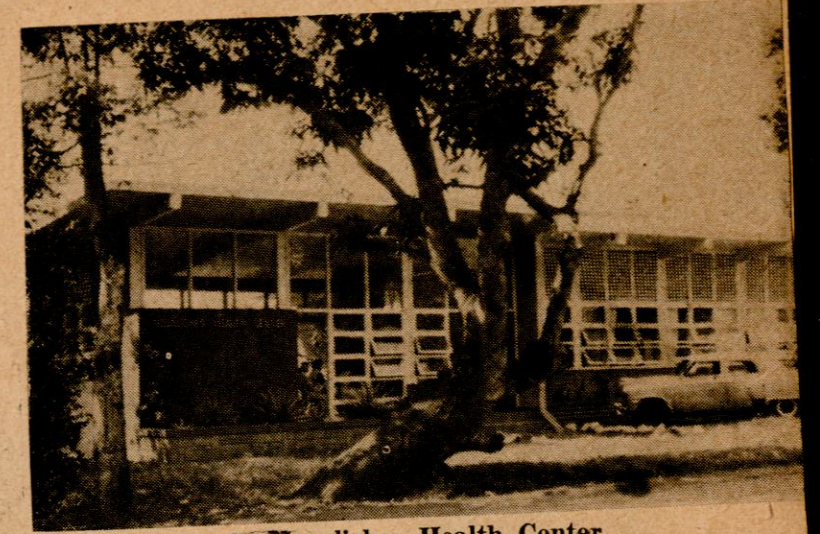
#### CAUSES OF DEATHS OF ALL AGES FOR THE PAST 10 YEARS

Respiratory	1,761
T. B. (All Forms)	1,298
Beriberi Infantile	669
Congenital debility	604
Gastro enteritis	676
(Under 2yrs.)	
Gastro enteritis	500
(Over 2 yrs.)	
Meningitis	44
Malaria	25

#### INFANT DEATH

AGE	1953		1954		1955		1956		1957	
	No.	Rate	No.	Rate	No.	Rate	No.	Rate	No.	Rate
Ist week	160	72.39	178	68.46	161	72.19	122	61.83	138	67.00
2nd week	32	14.47	31	11.92	33	14.79	43	21.83	39	18.93
3rd week	24	10.85	31	11.92	16	7.17	20	10.15	18	8.73
4th week	5	2.26	20	7.70	13	5.83	12	6.08	11	5.34
<b>TOTAL</b>	<b>221</b>	<b>42.09</b>	<b>260</b>	<b>49.16</b>	<b>223</b>	<b>45.43</b>	<b>197</b>	<b>46.20</b>	<b>206</b>	<b>47.99</b>
1 month	38	11.72	44	16.35	47	6.50	35	15.50	35	14.46
2 "	33	10.18	37	13.72	32	11.54	26	11.50	30	12.49
3 "	32	9.87	22	8.14	26	11.88	27	12.00	25	10.33
4 "	30	9.25	25	9.29	23	9.67	19	8.44	28	11.57
5 "	36	11.11	18	6.72	21	8.59	27	12.03	27	11.11
6 "	29	8.91	29	17.43	16	7.83	21	9.44	22	9.99
7 "	22	6.79	28	10.41	25	9.30	16	7.11	14	5.80
8 "	37	11.42	24	8.88	28	7.83	13	5.77	16	6.61
9 "	34	10.49	12	4.44	21	10.40	14	6.22	14	5.80
10 "	16	4.93	17	6.32	12	4.45	13	5.77	18	7.45
11 "	17	5.24	13	4.83	17	6.50	14	6.22	13	5.33
<b>TOTAL</b>	<b>324</b>	<b>57.91</b>	<b>269</b>	<b>50.84</b>	<b>268</b>	<b>54.57</b>	<b>225</b>	<b>53.80</b>	<b>242</b>	<b>52.01</b>
Still birth	82		86		124		150		128	

### HEALTH CENTERS... (Continued from p. 31)



Novaliches Health Center



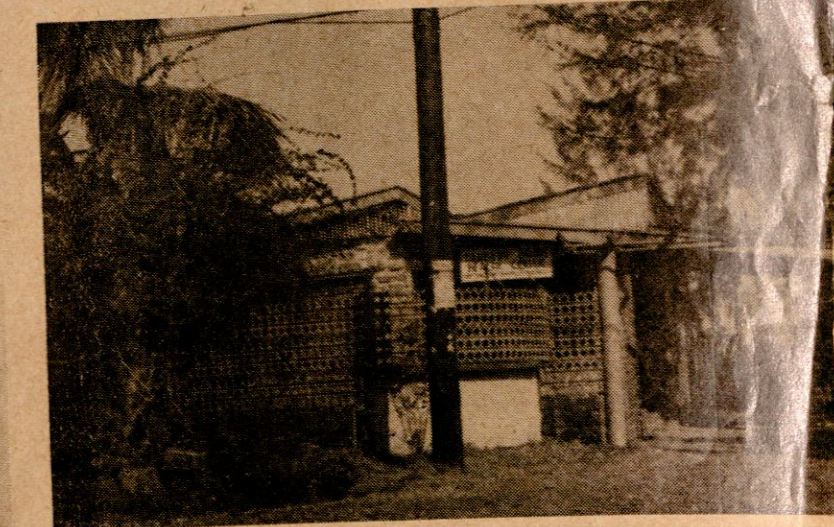
E. Rodriguez Jr. Memorial Health Center



Kamuning Health Center



Project 7 Health Center



San Jose Health Center



Tandang Sora Health Center

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QCHD 10th Anniversary

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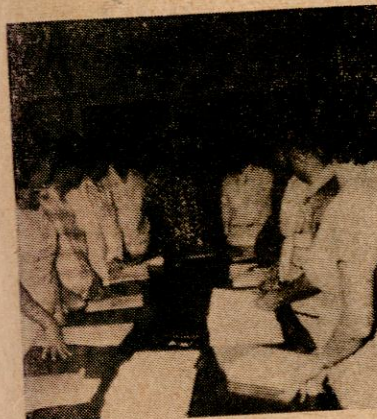
Tel. 7-86-36

# The QCHD

## Staff in Action



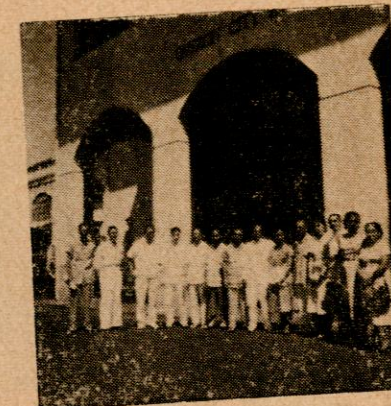
The Quezon City Health Department staff pose for a picture after a meeting.



Mayor Norberto Amoranto greets the different QC health officers in one of his visits in the department.



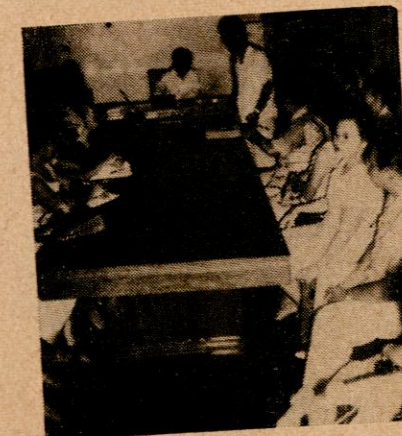
Dr. Pebronio G. Monsod, QCHD head, presiding over the meeting of the city health officers.



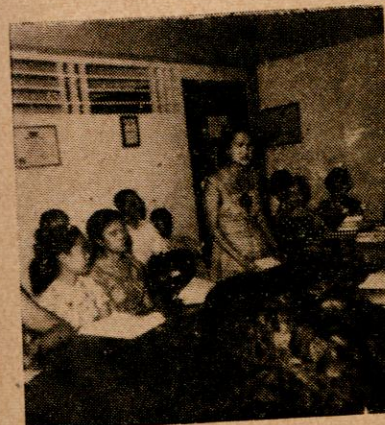
The QCHD staff and some health officers in front of the City Hall.



Dr. J. Nolasco, acting director of health, speaking at the QCHD session during the visitation.



Dr. Eduardo Agustin driving a point during the session.



A morning session during the visitation.



Dr. Amansia Mangay discoursing on city health problems.

QCHD 10th Anniversary

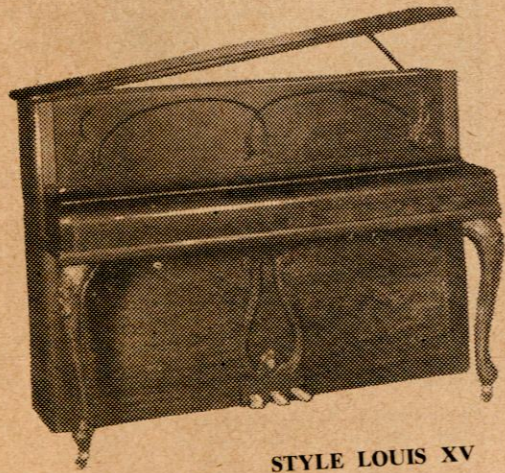
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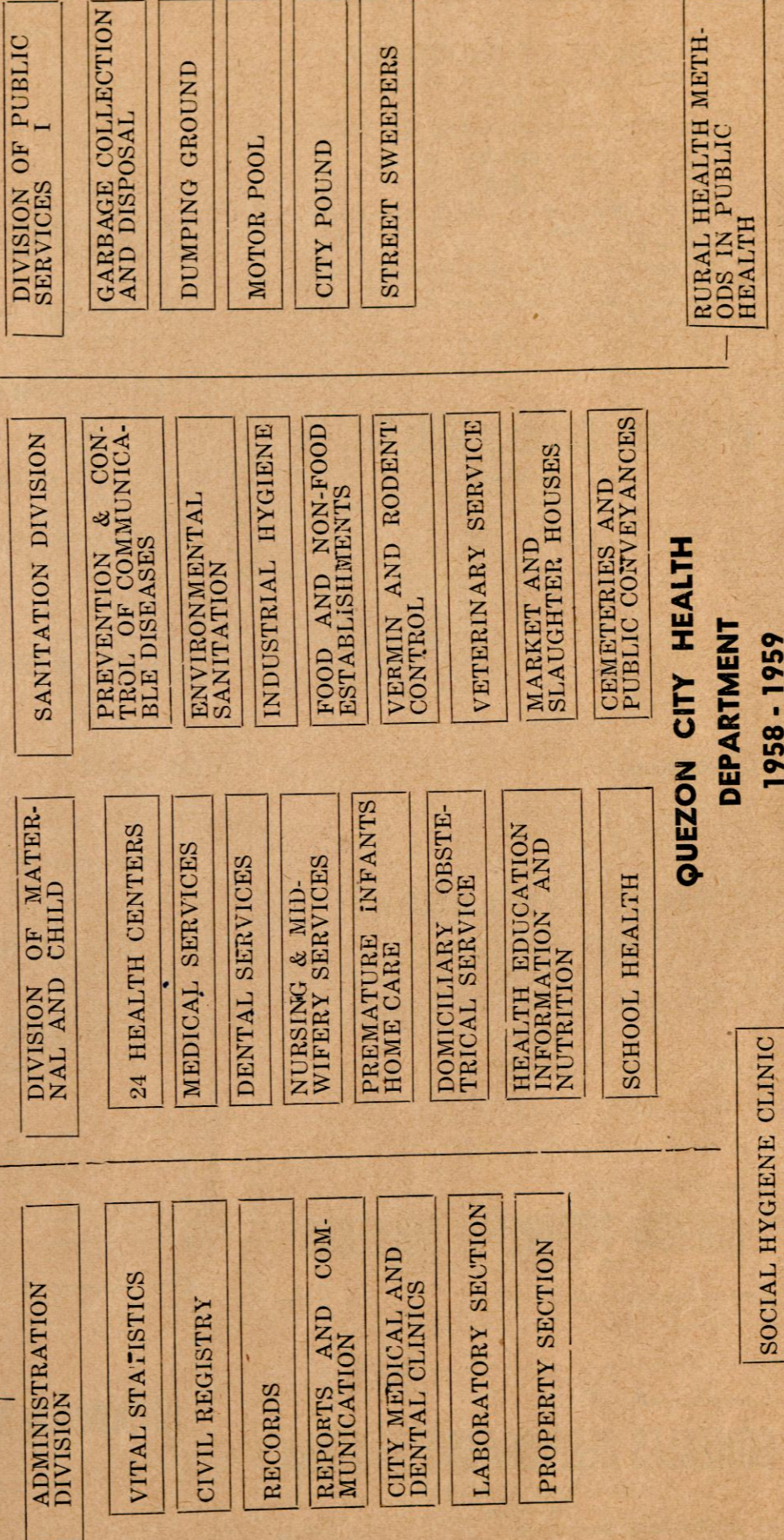
Quezon City

DEPARTMENT OF HEALTH

BUREAU OF HEALTH

CITY HEALTH OFFICER

CITY MAYOR



**QUEZON CITY HEALTH  
DEPARTMENT  
1958 - 1959**

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Isabelo T. Crisostomo

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